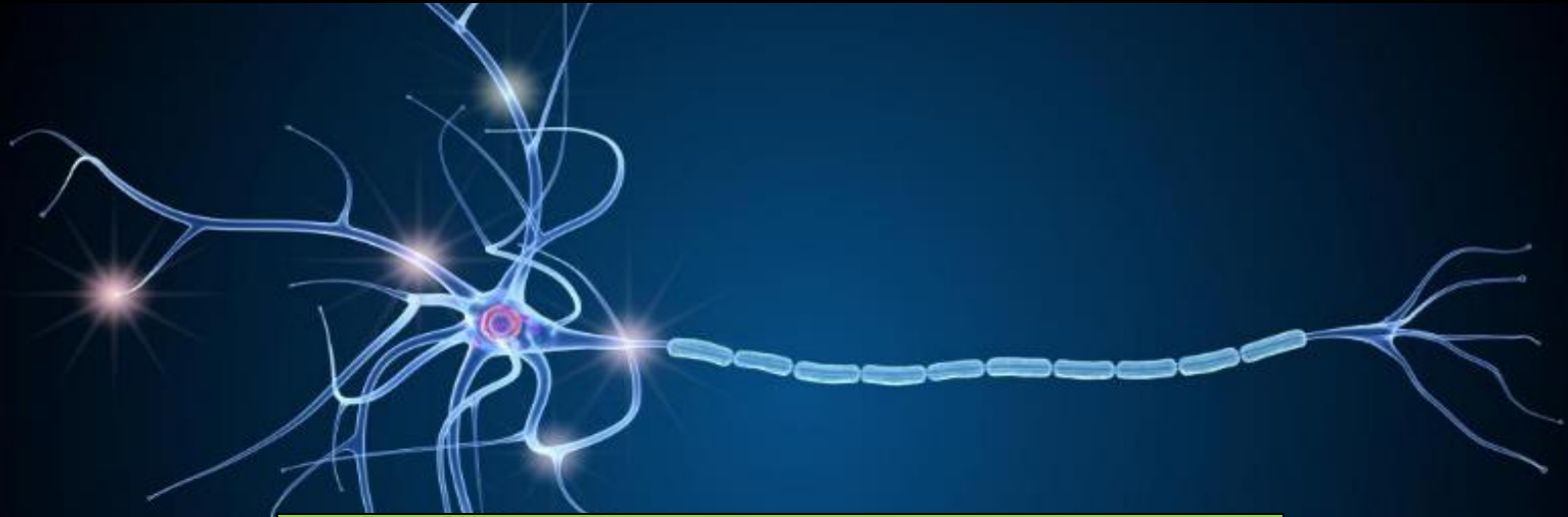


Diagnosed with Multiple Sclerosis within the past 3 years?



Participate in a research study!

What is it?

The Coping & Adjusting to Living with Multiple Sclerosis (CALMS) study is looking for adult participants diagnosed with MS within the past 3 years.

What is involved?

The study involves once weekly telephone or video Cognitive Behavioral Therapy (CBT) sessions with a counselor for 7 weeks, completing questionnaires and game sessions (receive up to \$175 for completing all questionnaires and games).

Eligibility:

- 18 years of age
- Diagnosed with Multiple Sclerosis within the past 3 years
- Experiencing feelings of unease/stress regarding the recent MS diagnosis

Interested in participating?

Contact our study team: 1-866-928-2114 or CALMS@uw.edu



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